

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Violette's Crossing

							10:00 Bingo-CR 2:00 Entertainment: Dusty Dufrense/vocals/singalong favorites-CR 6:30 Movie-moved to multipurpose room	
2:00 Movie- Now shown in the multipurpose room 4:00 Vespers: Charlaina Steven	2 10:15 Exercise/Jody-CR 11:00 Group photo for the Rockridge Christmas card-everyone is welcome 1:30 Bingo-CR 3:30 Chair Yoga/Karen 6:30 Movie-CR <small>First Day of Hanukkah</small>	10:00 Gentle Stretch with Brya-CR 10:00 Shopping:Big Y plaza/StopnShop Plaza-sign up 12:30 Swimming/YMCA-sign up 2:00Rosary/Communion CR	4 9:00 Hairdresser-Lynne 10:00 Gentle Stretch with Michelle-CR 2:00 singalong with Nancy & Julie-CR 3:15 Penny Pokeno-CR 6:30 Movie-CR	5 9:30 Hairdresser: Tammi 10:00 Exercise/Julie-CR 1:30 Bingo-moved to the Activity Room 3:00 Wreath Making/Jenni-Act. Rm	6 10:00 Exercise with Lynne-CR 9:30 Shopping-Hadley Mall Stores-sign up 3:00 Social Hour-cafe 3:30 History Group-CR 6:30 Movie-CR	7 10:00 Exercise with Lynne-CR 9:30 Shopping-Hadley Mall Stores-sign up 3:00 Social Hour-cafe 3:30 History Group-CR 6:30 Movie-CR	8 10:00 Craft Fair: "Tis the Season"VFW-CR 2:00 Entertainment: Jeffrey Folmer/vocals & guitar/holiday music 3:30 Bingo Bash-CR 6:30 Movie-CR	
2:00 Movie- Now shown in the multipurpose room 4:00 Vespers: Charlaina Steven	9 10:15 Exercise/Jody-CR 1:30 Bingo- 10:00 Shopping/Big Y Plaza/StopnShop plaza-sign up 12:30 Swimming/YMCA-sign up 2:00 Art Open House at Betty Ramey's-2nd fl./AL 3:30 Chair Yoga/Karen-CR 6:30 Movie-CR	10:00 Gentle Stretch/ with Brya-CR 10:00 Shopping/Big Y Plaza/StopnShop plaza-sign up 12:30 Swimming/YMCA 2:00 Silk Scarf Dyeing-AR 4:30 Bright Nights/Springfield-sign up	11 9:00 Hairdresser-Lynne 10:00 Gentle Stretch with Michelle-CR 2:00 singalong with Nancy & Julie-CR 3:15 Penny Pokeno-CR 6:30 Movie-CR	12 9:30 Hairdresser-Tammi 10:00 Exercise/ Lynne 1:30 Bingo-CR 3:00 wine and cheese gathering/meet the new artist/meet new residents-CR	13 9:30 Trip to Holyoke Mall(Macy's) 1:30 BlackJack Michelle-2 nd . Fl. lounge 4-6 Holiday Party/residents & Families-great food and entertainment	14 10:00 Bingo-CR 2:00 Entertainment: Dave Bartley Trio-CR 6:30 Movie-CR	15 10:00 Bingo-CR 2:00 Entertainment: Zack Danziger & Carol W./vocals, guitar-CR 3:30 Holiday trivia/Eggnog social with Michelle-CR 6:30 Movie-CR	
No movie today 2:00 Concert: The Quark Quartet/Ravel & Haydn with a Nutcracker chaser-CR Laurel Park Carolers 4:00 Vespers: CR	16 10:15 Exercise with Jody No Bingo Today 2:00 Staff & Employee Appreciation Gathering-CR 3:30 Chair Yoga/Karen 6:30 Movie-CR	17 9:30 Holiday Sale-parlor/jewelry/handbags 10:00 Gentle Stretch/Melissa 10:00 Grocery Shopping 1:30 Book Club-library 12:30 Swimming/YMCA-sign up 2:00 Rosary/Communion-CR 4:00 Smith College Campus School Chorus-Comm. Rm	18 9:00 Hairdresser-Lynne 10:00 Gentle Stretch with Michelle-CR 2:00 Ugly Christmas Sweater Contest/prizes music/refreshments 3:15 Penny Pokeno-CR 6:30 Movie-CR	19 9:30 Hairdresser-Tammi 10:00 Exercise/ Lynne-CR 1:30 Bingo-CR 3:00 wine and cheese gathering/meet the new artist/meet new residents-CR	20 10:00 Exercise with Lynne-CR 1:30 Trip to Atkins-sign 3:00 YANKEE SWAP-CAFE 3:30 History Group-CR 6:30 Movie-CR <small>Winter Begins</small>	21 10:00 Bingo-CR 2:00 Entertainment: Zack Danziger & Carol W./vocals, guitar-CR 3:30 Holiday trivia/Eggnog social with Michelle-CR 6:30 Movie-CR	22 10:00 Bingo-CR 2:00 Entertainment: Ethan Stone/piano-CR 6:30 Movie-CR	
2:00 Movie- Now shown in the multipurpose room 4:00 Vespers: CR	23 No exercise 10:00 Craft/ Julie-AR 11:30 Out for Lunch/Crepes Russian Teahouse-sign up 1:30 Bingo-CR No Chair Yoga 6:30 Movie-CR	 Christmas Day	24 9:00 Hairdresser-Lynne 10:00 Gentle Stretch with Michelle-CR No singalong today 2:00 Penny Pokeno/Michelle 6:30 Movie-CR	25 9:30 Hairdresser-Tammi 10:00 Exercise/ Julie-CR 1:30 Bingo-CR 3:30 Chair Yoga /Karen-CR 4:30 Delaney House-sign up	26 10:00 Exercise with Lynne-CR 3:00 Social Hour-cafe 3:30 History Group-CR 6:30 Movie-CR	27 10:00 Bingo-CR 2:00 Entertainment: Ethan Stone/piano-CR 6:30 Movie-CR	28 10:00 Bingo-CR 2:00 Entertainment: Ethan Stone/piano-CR 6:30 Movie-CR	29 10:00 Bingo-CR 2:00 Entertainment: Ethan Stone/piano-CR 6:30 Movie-CR
2:00 Movie- Now shown in the multipurpose room 4:00 Vespers: CR	30 No exercise/ No Bingo 2:00 New Years Eve Party/Entertainment and desserts-CR No chair Yoga 6:30 Movie-CR <small>New Year's Eve</small>	31						