


Please join *Rockridge* and the **alzheimer's**  **association**®

for a three part educational series.

Part 1	Part 2	Part 3
<p data-bbox="228 667 565 709"><u>Know the 10 Signs:</u></p> <p data-bbox="207 877 586 989">Thursday, August 30th at 3:30pm</p> <p data-bbox="207 1045 586 1514">If you or someone you know is experiencing changes in memory, it's time to learn the facts. Knowing the warning signs can help determine if you should speak to a doctor. Early detection matters!</p> <p data-bbox="207 1587 586 1801">Location: Rockridge Retirement Community 37 Coles Meadow Road, Northampton, MA 01060</p>	<p data-bbox="634 667 987 758"><u>Safety and Memory Challenges:</u></p> <p data-bbox="643 869 979 1045">Tuesday, September 18th at 3:30pm</p> <p data-bbox="618 1100 1003 1524">Dementia related changes impacts how to think about safety. This program teaches strategies to encourage a safe environment and lifestyle for those affected with memory challenges.</p> <p data-bbox="618 1587 1003 1801">Location: Rockridge Retirement Community 37 Coles Meadow Road, Northampton, MA 01060</p>	<p data-bbox="1062 621 1386 814"><u>Understanding & Responding to Dementia-Related Behaviors:</u></p> <p data-bbox="1057 863 1393 1039">Thursday, September 27th at 3:30pm</p> <p data-bbox="1036 1146 1414 1377">Behaviors are a form of communication. Learn to identify, understand and respond to challenging behaviors.</p> <p data-bbox="1036 1587 1414 1801">Location: Rockridge Retirement Community 37 Coles Meadow Road, Northampton, MA 01060</p>

Please RSVP to Paige Novotny at 413-570-2859, seating is limited!